

2025
MARCH

el gusto

Spring Breakfast



GLUTEN ALLERGY FRIENDLY
ENTERTAINING COLLECTION 2025

MENU PLANNER



RELIABLE | RESOURCEFUL | INTERESTING | INSPIRING



Menu

Grain

Grain-Free Granola Clusters

Savoury

Potato Rosti

Sweet

Gluten Free Lemon & Raspberry Friands

Drink

Strawberry Banana Smoothie

ALLERGY FRIENDLY PLANNER

Q1 2025

FOOD

GRAIN

GRAIN-FREE GRANOLA CLUSTERS

THESE GLUTEN-FREE GRANOLA CLUSTERS MAKE AN EXCELLENT HEALTHY START TO THE DAY.

PREP TIME: 10 MINS | TOTAL TIME: 1 HR 10 MINS



MRS GUSTO TIP: SERVE WITH COCONUT YOGHURT AND FRESH BERRIES



SAVOURY

POTATO ROSTI

A DELICIOUS BREAKFAST OPTION.

PREP TIME: 15 MINS | TOTAL TIME: 25 MINS



MRS GUSTO TIP: SERVE WITH POACHED EGGS, SMOKED SALMON AND AVOCADO.



SWEET

GLUTEN FREE LEMON & RASPBERRY FRIANDS

THESE LIGHT AND FLUFFY FRIANDS ARE AN IRRESISTIBLE TREAT TO SERVE TO YOUR GUESTS WITH BREAKFAST.

PREP TIME: 10 MINS | TOTAL TIME: 25 MINS



DRINK

DRINK

STRAWBERRY BANANA SMOOTHIE

A VERY QUICK, EASY AND REFRESHING DRINK. GREAT FOR USING UP EXTRA FRUIT.

PREP TIME: 5 MINS | TOTAL TIME: 5 MINS



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*Have questions about this menu?
Mrs Gusto is here to help.*

ASK HERE

**Click here for the PDF
Menu card**

**Click here to be creative and get our
templete in Canva.**

**Click here to
be inspired...**



BROUGHT TO YOU BY *el gūsto*