

2025
MARCH

el gusto

Autumn Breakfast



DAIRY ALLERGY FRIENDLY
ENTERTAINING COLLECTION 2025

MENU PLANNER



RELIABLE | RESOURCEFUL | INTERESTING | INSPIRING

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N

E

M

GRAIN

Jars of Sunshine

SWEET

Pear & Ginger Muffins

SAVOURY

Sweet Potato Waffles with
Egg & Guacamole

DRINK

Mocktail Breakfast Mimosas
with Brûléed Grapefruit

Enjoy!

ALLERGY FRIENDLY PLANNER

Q1 2025

FOOD

GRAIN

JARS OF SUNSHINE

WHAT BETTER WAY TO BREAK YOUR FAST THAN WITH THIS HEALTHY, FRUITY BREAKFAST OPTION IN A JAR?

PREP TIME: 10 MINS | TOTAL TIME: 10 MINS



SAVOURY

SWEET POTATO WAFFLES WITH EGG & GUACAMOLE

THESE WAFFLES ARE QUITE VERSATILE, YOU COULD ALSO SERVE AS A DESSERT WITH FRESH FRUIT AND YOGHURT.

PREP TIME: 20 MINS | TOTAL TIME: 25 MINS



SWEET

PEAR & GINGER MUFFINS

A BEAUTIFUL COMBINATION OF GINGER, MOLASSES AND PEAR MAKES THESE MUFFINS MOIST AND FLAVOURFUL.

PREP TIME: 25 MINS | TOTAL TIME: 55 MINS



DRINK

DRINK

MOCKTAIL BREAKFAST MIMOSAS WITH BRÛLÉED GRAPEFRUIT

SOPHISTICATED AND SUPER-REFRESHING BREAKFAST JUICE.

PREP TIME: 20 MINS | TOTAL TIME: 30 MINS



ALLERGY FRIENDLY PLANNER

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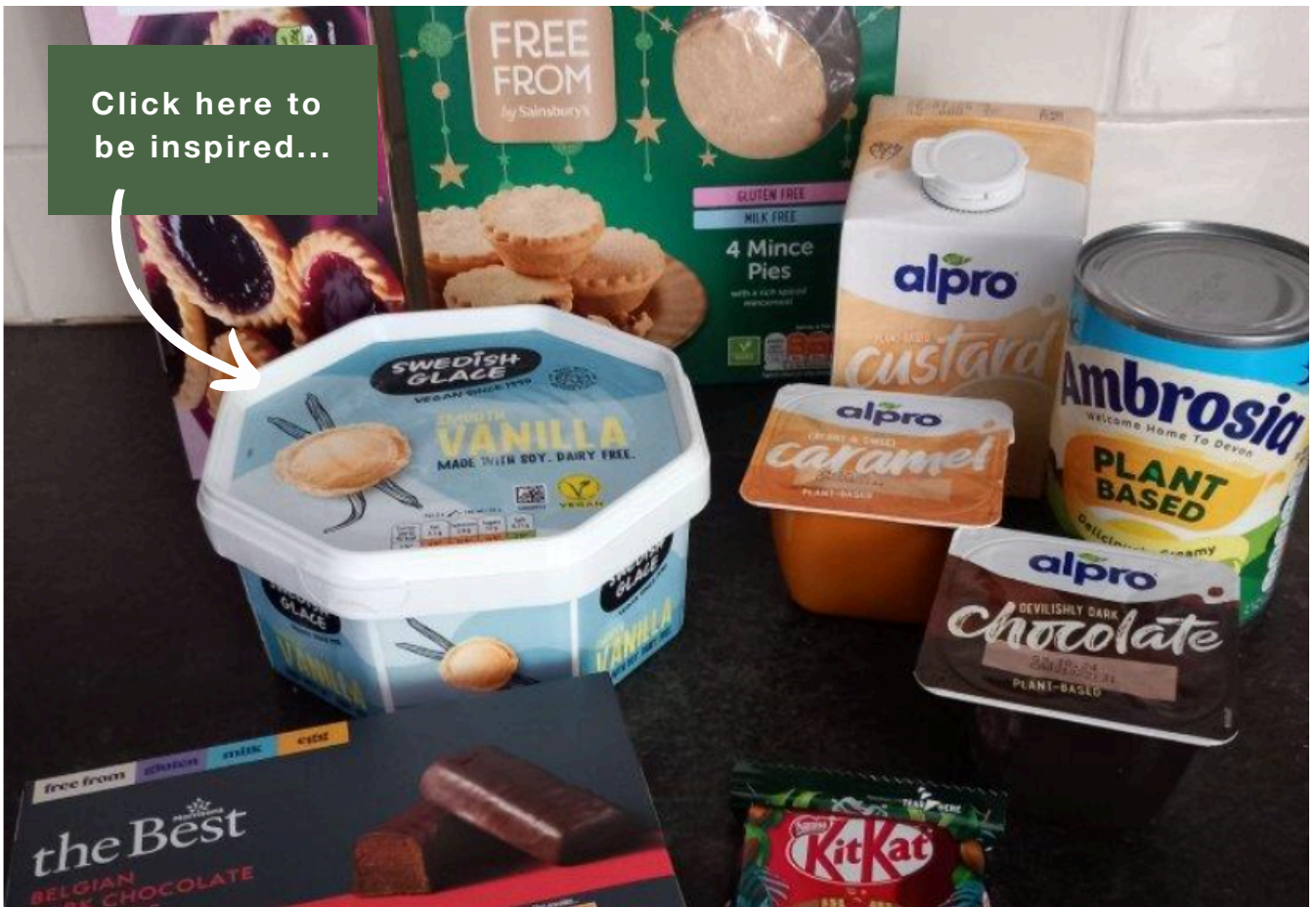
*Have questions about this menu?
Mrs Gusto is here to help.*

ASK HERE

**Click here for the PDF
Menu card**

**Click here to be creative and get our
templete in Canva.**

**Click here to
be inspired...**



BROUGHT TO YOU BY *el gusto*