

SPRING COLLECTION

# WEEKLY MEAL PLANNER



BROUGHT TO YOU BY *el gusto*

# WEEKLY MEAL PLANNER

13.11.23 - 17.11.23

MONDAY

MAIN: CHICKEN MINI SLIDERS

APPROX. 45 MIN

SIDE: ANTIPASTO PASTA SALAD

APPROX. 30 MIN



TUESDAY

MAIN: FIVE SPICE BRAISED PORK BELLY

APPROX. 2 HRS 30 MIN

SIDE: SUMMER RICE SALAD

APPROX. 40 MIN



WEDNESDAY

MAIN: FAMILY MEAT LOAF

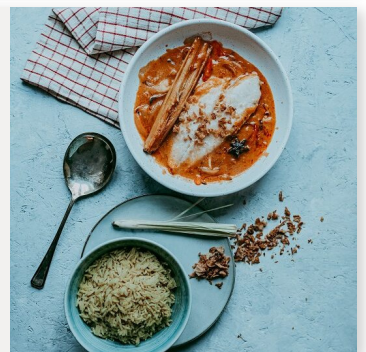
APPROX. 1 HR



THURSDAY

MAIN: CREAMY BAKED BASA CURRY

APPROX. 1 HR



FRIDAY

MAIN: BASIL TART WITH SMOKED CHICKEN SALAD

APPROX. 55 MIN



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# WEEKLY MEAL PLANNER

13.11.23 - 17.11.23

WEEKEND INSPIRATION

WHIPPED FETA WITH SUNDRIED TOMATO VINAIGRETTE

APPROX. 10 MIN



HOMEMADE PITA CHIPS

APPROX. 20 MIN



**CAMPUS&CO.**  
Your Superstore

## SHOPPING LIST

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"This is an entertaining favourite of ours – we serve with pita pockets cut into chips and baked, warm marinated olives and other crackers."

Whipped Feta with Sundried Tomato Vinaigrette

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