

AUTUMN COLLECTION

# WEEKLY MEAL PLANNER



BROUGHT TO YOU BY *el gusto*

# WEEKLY MEAL PLANNER

27.11.23 - 01.12.23

MONDAY

MAIN: TUNA & RICE BAKE

APPROX. 1 HR

SIDE: HEIRLOOM TOMATOES WITH PARSLEY & BASIL OIL

APPROX. 15 MIN



TUESDAY

MAIN: GREEK LAMB HOTPOT

APPROX. 6 HRS

SIDE: CHEDDAR BREAD WITH RED ONION & ROSEMARY

APPROX. 1 HR 15 MIN



WEDNESDAY

MAIN: EAST MEETS WEST BRAISED PORK SHOULDER

APPROX. 2 HRS 10 MIN



THURSDAY

MAIN: SWEET AND SOUR CHICKEN BALLS

APPROX. 40 MIN

SIDE: SWEET CHILLI BOK CHOY

APPROX. 20 MIN



FRIDAY

MAIN: CHICKEN TIKKA MASALA TACOS

APPROX. 1 HR



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# WEEKEND INSPIRATION

APPROX. 3 HRS 30 MIN



# Your Superstore

[illegible]

## Fudgy Orange & White Chocolate Cake

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