

AUTUMN COLLECTION

WEEKLY MEAL PLANNER



BROUGHT TO YOU BY *el gusto*

WEEKLY MEAL PLANNER

20.11.23 - 24.11.23

MONDAY

MAIN: SECOND TIME PIE

APPROX. 45 MIN



TUESDAY

MAIN: CREAMY WHITE CHICKEN CHILLI

APPROX. 30 MIN

SIDE: SPELT & RYE BREAD

APPROX. 1 HR



WEDNESDAY

MAIN: HONEY MUSTARD SAUSAGE BAKE

APPROX. 50 MIN



THURSDAY

MAIN: LAMB & ROSEMARY GALETTE

APPROX. 55 MIN

SIDE: WINTER ROAST VEGETABLE SALAD

APPROX. 1 HR



FRIDAY

MAIN: CHILLI CHICKEN TENDERLOINS

APPROX. 30 MIN

SIDE: AMAZING SWEET POTATO FRIES WITH AIOLI

APPROX. 40 MIN



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WEEKEND INSPIRATION

GINGERBREAD DESSERT SYRUP

APPROX. 25 MIN



CAMPUS&CO.

Your Superstore

SHOPPING LIST

[illegible]

"I've been using the El Gusto Meal Planners and adjusting the quantity feature on the recipes on the website to suit our family size and our overall grocery bill has dropped because I only needed to buy exactly what I required!"

Housewife NZ

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