AUTUMN COLLECTION

WEEKLY MEAL PLANNER



BROUGHT TO YOU BY el gusto

WEEKLY MEAL PLANNER

13.11.23 - 17.11.23

MAIN: MEDITERRANEAN TRAYBAKE
APPROX. 1 HR 5 MIN



MAIN: ONE-POT MEXICAN BEEF MINCE
APPROX. 45 MIN

SIDE: SLOW COOKER CREAMED CORN
APPROX. 3 HRS 30 MIN



MAIN: CHORIZO & PRAWN PAELLA
APPROX. 35 MIN



MAIN: BEEF & VEGETABLE LASAGNE
APPROX. 1 HR 10 MIN



MAIN: SLOW COOKER BUTTER CHICKEN

APPROX. 5 HRS 15 MIN



WEEKLY MEAL PLANNER

13.11.23 - 17.11.23

BEER CHEESE DIP

APPROX. 30 MIN



SOFT PRETZELS

APPROX. 2 HRS 30 MIN



CAMPUS&CO. Your Superstore

SHOPPING LIST					

"The fact that El Gusto is within the community and for the community is just perfect. The professionally presented platform of mixed media gives me the flexibility to receive my cooking inspiration in many different forms, while learning new things every day. All the tips and recipes are very easy to follow and ingredients are realistic, and the end results are absolutely mouthwatering!"

Housewife UK

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