## AUTUMN COLLECTION

# WEEKLY MEAL PLANNER



BROUGHT TO YOU BY el gusto

### WEEKLY MEAL PLANNER

06.11.23 - 10.11.23

MAIN: CHIPOTLE CHICKEN & AVOCADO PANINI

APPROX. 30 MIN

SIDE: CURRIED PUMPKIN SOUP

APPROX. 55 MIN



MAIN: LAMB & BEEF RAGU PASTA

APPROX. 1 HR



MAIN: MEXICAN LOADED SWEET POTATOES

APPROX. 1 HR 5 MIN



MAIN: SLOW-COOKER BEEF RIBS

APPROX. 8 HRS 35 MIN

SIDE: CHUNKY CORN WITH CREAMED CORN PUREÉ

APPROX. 1 HR



MAIN: 20 MINUTE CURRY WURST

APPROX. 20 MIN

SIDE: THERMOMIX WHITE BREAD

APPROX. 40 MIN



### WEEKLY MEAL PLANNER

06.11.23 - 10.11.23

ASPARAGUS & BRIE PASTRIES

APPROX. 45 MIN



# CAMPUS©CO. Your Superstore

"I'm loving El Gusto, everything looks so amazing and you just want to try it, and you know the recipes are going to work. I'm hearing a lot of people using it, and talking about it when we are together on the weekend!"