

WEEKLY MEAL PLANNER

30.10.23 - 03.11.23

MAIN: CREAMY CHICKEN SALAD

APPROX. 45 MIN



MAIN: BEEF RISOTTO BOWLS WITH ASPARAGUS & FETA

APPROX. 45 MIN



MAIN: CURRIED SAUSAGES

APPROX. 45 MIN



MAIN: MILANESAS DE POLLO

APPROX. 45 MIN

SIDE: ZUCCHINI FETTUCCINE SALAD

APPROX. 45 MIN



MAIN: BEER CAN BURGERS

APPROX. 45 MIN

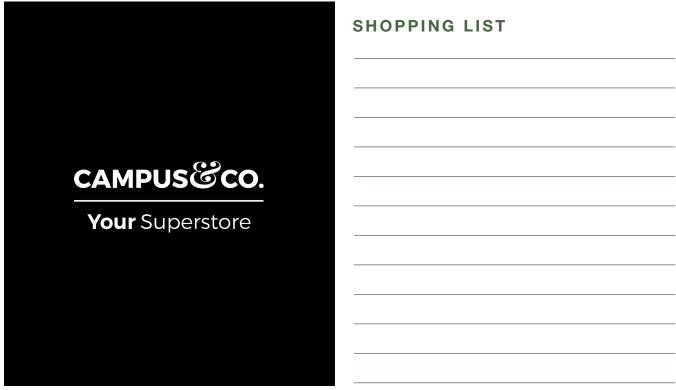


WEEKLY MEAL PLANNER

30.10.23 - 03.11.23

SKAGEN TOAST
APPROX. 45 MIN





"I've been using the El Gusto Meal Planners and adjusting the quantity feature on the recipes on the website to suit our family size and our overall grocery bill has dropped because I only needed to buy exactly what I required!"

Housewife NZ

BROUGHT TO YOU BY el gusto